

## Pit lane rule for Race Walking Events – Implementation

The Race Walking events at the European Athletics Youth Championships, European Athletics Junior Championships and European Cup Race Walking (junior category) will be conducted using the “Pit Lane” Rule – following below Operational Guidelines.

Results achieved in competitions conducted with the “Pit Lane” Rule will be accepted for the purpose of Entry Standards.

### Pit Lane Rule – Operational Guidelines

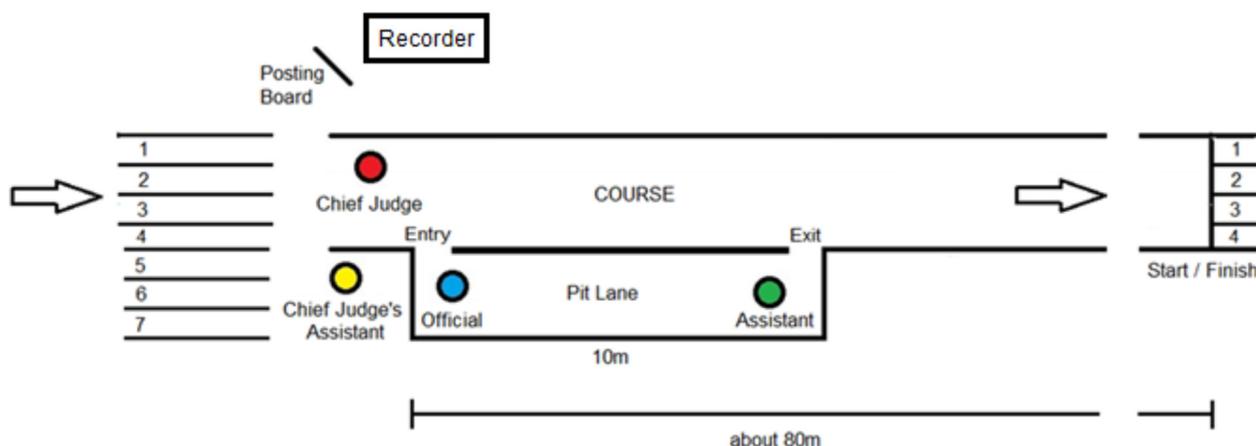
These Guidelines are designed for a competition held on a track over the distance of 5000m or 10,000m (common for youth athletes) and conducted in accordance with IAAF Rule 230.2(e), i.e., with six Race Walking Judges including the Chief Judge.

Should the competition be held on the road, in the interest of fairness, conditions similar to those of a track event (number and position of judges, length of loop, position of pit lane, etc.) should apply.

#### Penalty Area Set-up

- It should be located in the final straight, in lanes 5 to 7, close to the 80m start line and in front of the Posting Board.
  - It shall have one entrance and one exit at opposite ends (both of the same size) and be of 10m in length (maximum). The width can vary but should be such to allow up to 5 athletes at the same time.
  - Small barriers or cones should be used to clearly identify the penalty area.
  - The athlete is free to stop or continue moving inside the penalty area however there shall be no benches and no access to refreshments, drinking, sponging or other kind of assistance but communication with coaches is allowed.
- Set up for road events should be similar though compatible with existing space constraints.

#### Example of set-up for a track event



### **Additional Officials**

- There must be 2 red-card collectors next to each Race Walking Judge to ensure the fastest possible delivery of the red cards to the recorder.
- 1 official and 1 assistant will be required to manage the operation of the Penalty Area (in charge of the athletes' entry and exit, plus the control of the penalty time).
- 1 Chief Judge's Assistant will be required to help the Chief Judge communicate the penalty times to the athletes concerned, especially in the last laps.

### **Judging IAAF Race Walking Rules (230) must be applied with the following adaptations:**

- When one athlete receives 3 Red Cards, he must receive a communication from the Chief Judge or his Assistant showing him a paddle with the time penalty on both sides and he must stop in the penalty area at the first opportunity.  
Depending on the race distance, the following penalty times shall apply:
 

✓ <b>Races up to 5000m</b>	<b>60 seconds</b>
✓ <b>Races longer than 5000m and up to 10,000m (10km)</b>	<b>120 seconds</b>
- At the first opportunity the athlete will be guided by the Chief Judge's Assistant into the Pit Lane.
- The time penalty starts immediately as the athlete enters the Pit Lane.
- The athlete shall be shown an appropriate card notifying him when 10 seconds remain on the penalty.
- After the time penalty, and following the instructions of the official in charge of the penalty area, the athlete shall re-enter the event.
- The athlete is not judged in the Penalty Area.
- If the athlete then receives any additional Red Card(s) (from the judges who had not previously sent him one), he shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible.
- If an athlete receives 4 or more Red Cards before stopping in the penalty area, the athlete shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible.
- If an athlete receives the third Red Card at the late stage of the race and it's not possible for the Chief Judge or his assistant to notify the athlete that he must stop in the penalty area, the athlete shall finish the race and the penalty time (60 or 120 seconds) shall be added to his official time.
- The Chief Judge maintains the power to immediately disqualify the athlete in the last 100m of a race (no time penalty).