Team Manual

Rehearsal Event within the European Walking Cup Poděbrady 2017

Organized by

Czech Athletic Federation, Diskařská 2431/4, 169 00 Praha 6

Date

Saturday 20 May 2017

Venue

Lázeňská kolonáda Poděbrady, 1 km course

Discipline

5 km walking race

Competitors

Men and women U18 (born 2000 – 2001)

Men and women masters (born 20 May1982 and older) – one category

Entry

Entries for the public race will be done by athletic clubs through the online system of the Czech Athletic Federation (http://www.atletika.cz) from Monday 8 May 2017 to Tuesday 17 May 2017 (midnight).

Entries of non-Czech athletes to be sent before Sunday 15 May 2017 to:

Pavel Tunka - tunkapa@seznam.cz

Competition Office (Accreditation)

Competition Office will be allocated in the Gallery of Ludvík Kuba, Central Spa Building and will be open on Saturday 20 May 2017 from 8:00 to 20:00. All registered athletes shall report in the Competition Office from 8:00 to 14:00 in order to carry out the administrative procedures, to obtain the accreditation cards, bib numbers, etc.

Competitors must provide a certificate of a medical examination not older than one year on the day of the competition.

Call Room:

The competitors shall come to the Call Room from where they will be escorted to the competition site.

Call room times:

Open	14:30
Close	15:10
Exit the call room	15:20
Start of the race	15:30

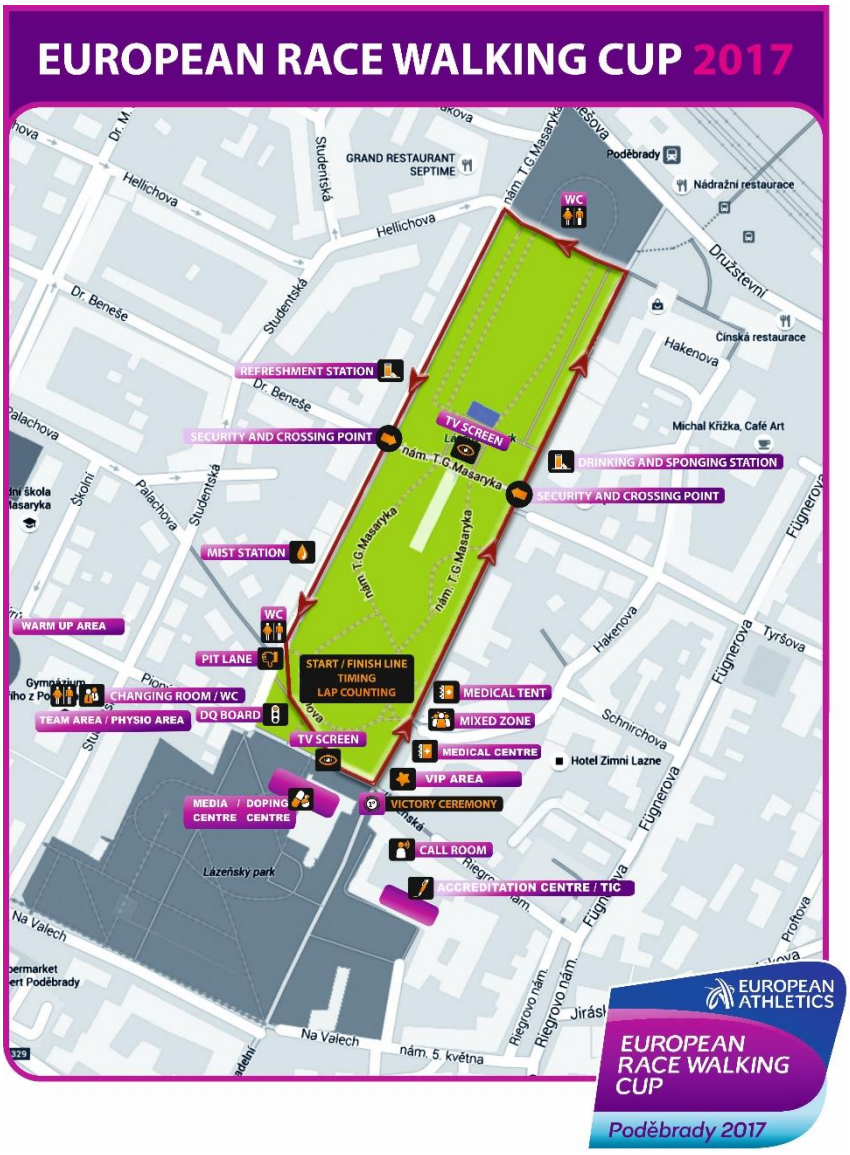
Changing Rooms

Changing rooms for the participants will be available in the ground floor of the main building of the high school Gymnázium Jiřího z Poděbrad, Studentská 166, 290 01 Poděbrady. Entrance to the changing rooms will be through the warm-up area.

Victory ceremony

Victory ceremony will be held after the race at 16:15. First three masters and U18 athletes will be awarded.

Timetable

15.30	5 km walking race	U18 (men and women), masters (men and women)
16.15	Victory ceremony	

Map of the track